



United Youth Camps

Counselor Manual

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United Youth Camps are sponsored by the United Church of God, *an International Association*.
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INTRODUCTION

Congratulations on being chosen as a camp counselor! You are about to serve God's youth and experience rewarding challenges—that of working in the lives of young people in the United Youth Camps program.

Summer and winter camps have proven to be valuable tools to help our young people grow in character and in the ability to form and maintain healthy relationships with others. With a little guidance and a lot of support and encouragement, the camp experience can greatly influence their lives in a positive manner. Your relationship with each camper, and with your group as a whole, will set the tone for the experience these young people will have.

You were chosen for this role because you have exhibited traits of leadership and character, which will be beneficial in the lives of these young people. Thank you for taking time from your busy schedule to give of yourself to help the youth whom God has entrusted to us!

The following guide was created to help you, the camp counselor and assistant counselor, more fully understand your role as a counselor, and to guide you through the steps that will help campers understand and enter the “Zone,” picturing the world tomorrow.

The United Church of God summer and winter camps for our youth are designed to help campers understand God's Word, to make a decision to follow God, to be a part of God's Church and put Christian living principles to practice in every aspect of their lives. Our camps instruct, challenge, stimulate and encourage the young people to experience a well-balanced program of activities and learning.

Through their daily involvement in the many facets of camper experience, our young people have a marvelous opportunity to learn that God's laws and entire way of life really work!

THE COUNSELOR'S ROLE

Counselors have the most contact with the campers during the camp session. A counselor lives with his or her campers, organizing and leading them every day.

While each counselor has his or her own style, all must have the same commitment to upholding God's law and setting the example of a Christian. Your maturity and self-control will be put to the test during camp. Much of your responsibility is to be encouraging to the campers, and show loyalty and support for the Church and camp administration.

Yours is an awesome responsibility—one you cannot fulfill alone. You need to work together with your assistant counselor and the senior counselor assigned to you. Don't try to “go it alone.” The entire camp staff needs to work together as a team in order to provide the campers the best experience possible. The counselor/assistant counselor are positions that complement each other. The two are to help one another by providing different perspectives as well as abilities. While the counselor has the final say in any decision, there should always be a “thinking out loud” process

that both counselors go through in order to know what each other is thinking. Plan each day working together as a team and always be respectful and supportive of each other.

Our Creator God promises us His help when we have been given a job to do. Your greatest support while at camp is from God. Take time for your most important relationship. Each day make available personal time for prayer and Bible study. This “sharing” of time will help each counselor start the day right and will provide the campers with a positive example as well.

Please start the day with your dorm having a prayer together each morning. Many counselors read some Scripture in addition. Before lights out in the evening, your dorm parents will ask about having a dorm prayer together.

THE ASSISTANT COUNSELOR’S ROLE

Each dorm counselor will work with an assistant counselor. The assistant’s role is to be a partner with the counselor in everything the dorm does. He or she must reflect the same high standards and example as the counselor.

The assistant counselor is also in a training capacity and should be given the opportunity to lead the dorm in various situations. Teamwork is vital in fulfilling your responsibilities and accomplishing your goals.

PERSONAL COMMENTS FROM COUNSELORS

1. “Schedule a time for *personal prayer and Bible study*. Don’t burn out by trying to do it all yourself—you can’t. You need God’s help and must go to Him for that help daily.”
2. “*Be sure to get adequate sleep*. Lack of sleep has traditionally been listed by the staff who have been to camp as the number one problem. You must manage your time wisely so you stay in peak physical condition. Curtail the late-hour talking. You are no good to your dorm half-asleep or running on adrenaline.”
3. “Live God’s way of life and be an example of that way. People would rather see a sermon than hear one.”

CAMPER ARRIVAL DAY

The first day of camp can be a little intimidating for some campers, as well as for their parents. In order to help get the campers involved in camp right from the start, and to help their parents see that their child is going to be well cared for, there are a few important steps to take:

1. Greet each camper as soon as he or she arrives. Tell them your name, and **learn his or her name right away**. Greet the family and introduce yourself. When the camper’s parents are comfortable with the camp and you, their camper will feel more comfortable also. Help put things away quickly to help the camper feel settled.

2. Do not let the newly arrived campers just “wander” around camp. Plan ahead to have something organized for them to do, such as help welcome the other arriving campers.
3. Get the whole group together as soon as possible so that they will feel part of the group. Set a positive tone of “togetherness.”
4. Be organized and enforce the rules right from the start. Don’t yell or nag, just remind campers of the rules of camp.

Communicate right from the start that each camper is important, accepted, secure and going to have the best week of their life. Your goal is to help each camper to realize that every individual is different from, but not better than, each other camper. Athletic ability may make an individual better at a given sport, but not a better person. The dorm should feel that it faces every challenge as a group and not as individuals. Stress the value of sportsmanship, teamwork and cooperation as often as possible. Challenge your dorm to be the best at everything they do as a unit.

Above all, this first day of camp should be a positive one, emphasizing unity and cooperation.

THE CHRISTIAN LIVING PROGRAM

The core program of the United Church of God camps is the daily Christian living lesson. We are not an activity camp, similar to YWCA or Boy Scouts, with an occasional Bible lesson added in. We are a Christian living camp that uses activities and classes during the day to teach the principles of obeying God and living as a Christian. In order to help the campers internalize the lessons, we reinforce the lesson of each day with visual, active, verbal and auditory reinforcement. Our goal is for each camper to internalize the lessons for the week and remember them when he or she returns home.

DAILY THEME: Each camp year will have an overall theme for all our teen camps around the country. Each day of camp will feature a lesson that is part of that central Christian living theme. The counselor’s primary job each day is to put the daily Christian living lesson into practice in the activities of the day. The activity staff will also be illustrating and supporting the daily lessons during the activities. Every staff member at camp has the responsibility of helping teach the lesson of the day to the campers. In this way we are putting Deuteronomy 6:7 into practice: *“You shall teach them diligently to your children, and shall talk of them when you sit in your house, when you walk by the way, when you lie down, and when you rise up.”*

PLACARDS: Each dorm will be provided with a sign or placard for each day’s lesson. The counselor should see that the placards are placed at the beginning of each day in a location where all campers will see them frequently. Introduce each day by talking about the lesson we will be focusing on for that day. The Christian living instructors will all teach that day’s lesson for your dorm. The lessons each day are designed to build upon one another and, together, complete the overall lesson for the week. Add a new placard each morning so that the entire lesson for the week will be building.

MEMORY SCRIPTURE: Each day will feature one or two memory verses that are in keeping with that day’s theme. Have your dorm read them aloud together and say them as you have free moments or are walking between activities. The campfire coordinator may ask each dorm to say

the verses—in an appropriate style—at campfire in the evening. Make every effort to help each of your campers learn the verse.

DORM PARENTS: Each dorm will have a minister and his wife assigned to be dorm parents. Dorm parents may visit your dorm each evening before bedtime to talk with the campers about the daily Christian living lesson, the day’s activities and to pray with the dorm. The dorm parents may also occasionally sit with your dorm for an evening meal or attend an activity to provide encouragement.

IMPORTANT GOALS FOR CAMPERS

1. The Zone.

For one week of the year these young people will be free of the evil influences of modern pop culture. “The Zone” at camp is a place of no threats or danger. Bullying, put downs, off-color comments and profane language are not allowed and are not a part of camp. Practical jokes are not allowed in the Zone. The Counselor needs to discuss this with the dorm at the beginning of camp. The Zone is positive and rewarding for everyone!

Each camper should be growing in character during camp. One goal of camp is to help each camper understand the Zone concept, which is a type of the Kingdom of God. Camp should be a place where this is practiced by the staff and by the campers. The environment should be one of loving concern, exciting challenges and respect for each other. Young people are at camp to learn about God’s way and live it with friends of their own age.

For one week the campers are the focus of everything we do. Make an effort to have a relationship with each one. Try to understand them. Remember that there is reason behind every behavior. Make a point of having at least one “one-on-one” conversation with each camper during the week. Make it a private talk—out of hearing distance of other campers. This may be the most significant part of the week for the camper. Give undivided attention and be ready to listen.

2. Experience an organized week.

From arrival at camp until departure, camp is organized and runs like clockwork. A large responsibility on the shoulders of the counseling staff is to make sure each day is planned and carried out according to plan. Take time to review the schedule each day ahead of time. Know the distance between activities and how long it takes to get from one to the next. Be aware of extra clothing needs for water activities or off-campus activities. Be sure water supplies are adequate for the day, especially during strenuous activities. There are many details, so keep a checklist and review it.

COUNSELOR CHALLENGES

Difficult Campers

Your dorm will have quite a mixture of personalities. Most campers will be cooperative and anxious to do their best while at camp. A few may, for whatever reason, be difficult to deal with at times. Handling those campers who pose a challenge is an art. There are some approaches that you should take, and some that you should avoid, when dealing with difficult campers.

There are three things that you should NEVER do with a problem in your dorm:

1. **Never give up control to a camper.** Be careful of “drama queens” or “I’m cool” efforts to get attention. Do not give into their demands just to keep peace. This never works. Focus the dorm on working together to accomplish all that you can during the week.
2. **Never spend all your time on problem campers.** If one camper is monopolizing your time, seek assistance from the senior counselors.
3. **Never react.** Some kids try to control the counselor by making him aggravated or angry. Always be calm and in control. Remember Proverbs 16:32: *“He who is slow to anger is better than the mighty, and he who rules his spirit is better than he who takes a city.”*

What can you do when you have a problem camper or two?

1. **Talk with the camper and try to find out what the problem really is.** Start by listening and observing. Ask them several different ways to tell you about the problem. Ask selected, careful questions, such as: “Did you do something to cause Billy to turn against you?”
2. **Help the camper to see a possible solution.** This will take some discussion. You may need to ask the senior counselor to talk with the camper also. Do this whenever needed.
3. **Make sure that the campers are eating, sleeping and exercising enough.**
4. **Be sure that the emotional needs of each camper are met.** Encourage them, observe and comment on good effort and accomplishments.
5. **Always be fair.** This is especially true when dealing with any challenging camper. Remember, a camper who is always being blamed may be “set up” by other, more crafty campers.
6. **Make sure directions and rules are clear.**
7. **Look for successes for each camper.** Never flatter by using such terms as, “You are awesome,” or, “You are wonderful.” Flattery is almost always rejected in the mind of the hearer. Instead, tell them what you observed that was positive. “I saw how hard you tried in volleyball,” or, “You worked hard at kayaking and learned the skills.” “Great job memorizing the scripture for the day!” Be aware of positive efforts of the campers, and tell them you observed and appreciated what they did.
8. **Separate a problem child.** If a camper is a problem during dinner, make him sit next to you or with the dorm parents if they are available. Tell him clearly what is happening and why. Always be for him and never against.

9. **Don't ridicule, label or use sarcasm or flattery.** These can damage a person's self-image.
10. **Remember Proverbs 18:17:** "He who is first in his cause seems just...but then another sets it right."

Homesickness

Homesickness is a problem that you may never have to face. It most often occurs when younger campers are away from home for the first time and feel they are losing their emotional support. The problem is a very real one, with very real pain for these younger campers. But be confident that there are very real steps to take to solve this problem!

For starters, don't use the word "homesick" in front of the camper. There is something psychological about this term that heightens the problem. Your positive, straightforward approach to the situation will be a major factor in combating it. Your job is to help the camper establish a new emotional support framework and develop some independence.

The following steps will help you get the camper on the right track and keep moving in the direction the entire dorm should go.

1. Make the camper feel welcome and never let them feel lost in the shuffle. Know his or her name, accept them, and show them that you really care.
2. When darkness begins to fall and you see the signs of fear, panic and loneliness overcome them, just walk up beside them, put your arm around their shoulders, and put their mind in neutral with conversation centering around camp activities.
3. Tell him or her exactly what is going to happen to them. Reassure them that you will be with them all week, think of something funny to talk about or about what will be happening tomorrow. Keep the conversation going, but **do not talk about home**.
4. When the lights go out, step over to his or her bed and reassure them again that you are there. Again, don't mention anything about home. Keep them focused on camp. If the tears begin, let them flow until sleep comes. Usually the first night is the worst.
5. The next morning, the camper might continue with the problem, even insisting on calling home.
6. Guide the camper back to helping other campers—to take the focus off of themselves. Find a reason why this camper is needed by another camper.

If all of this fails and the camper continues with homesickness, ask for help from the senior counselor. You will need to continue to focus on your entire dorm so they have a good camp as well.

The Bully

Should you find yourself in the position of having a camper who feels it is his right to bully other campers, try to discern what his or her true intent is. Be mindful of the following:

- Be sure that you are not “against” the camper, but that you are the protector of the others. Be sure that he or she gets this message clearly.
- Never leave this camper alone. Alert the rest of the staff to this situation, including the senior counselors.
- When you have a clear case of this camper abusing others, take him or her aside and let the camper know the camp rules, the consequences of his or her actions, and state clearly that no further abuse of any kind will be tolerated. If it continues it will likely lead to the camper being dismissed from camp.
- Give the camper up to 24 hours to stop the destructive behavior. If the camper violates it, take the camper to the camp director.

If a camper is disrespectful or abusive to either the counselor or assistant counselor, take him to the camp director or senior counselor. Use teamwork. Don’t talk about the camper behind their back in a derogatory manner, but enlist the aid of activity staff and all other staff to help the camper get back into the Zone quickly—and so that other campers are protected.

The Bedtime Stall

Make sure that the campers know when lights-out really is, and that at that time all of them are expected to be in bed and quiet. Since most dorms have the rest rooms inside, there should be no campers wandering outside of the dorm after they have gone to the dorm for the night. For those who will have to walk to the bathhouse, the counselor and assistant should walk with them, and one of you should stay until the last camper has returned. Once campers are in bed, that should take care of things.

For many counselors this can be the best part of the day. Especially for girls, going to bed is a time to reflect on the triumphs and trials of the day and try to sort them out. It is great if a counselor and assistant counselor have had the time during each day to notice one success, whether big or small, for each camper. Tell them! Give them the chance to fall asleep with a positive achievement on their mind. But when the time to go to sleep has arrived, that’s it. No more stalling. Simply say: “Time to fall asleep. No more talking. Good night!” You don’t answer any more questions. If you have one camper who insists on keeping the conversation going, go to the camper and speak to them by name, telling them to stop. Then, stand in the middle of the room, waiting for the quiet.

One thing to remember: Most counselors fall asleep before the campers all do. Don’t fall into this trap! Never leave your dorm without a counselor, assistant or other adult present. Sit down on your bed and wait for the even, regular breathing of sleep from your campers. Don’t lie down until you are sure it is safe! Once you lie down and close your eyes, the party is over for you—but it may just begin for a couple of your campers.

Bed Wetting

Bed-wetting is an embarrassing problem for a camper, but it happens. When you have a camper with such a problem, the most important thing to do is be sure that he or she is not ridiculed by anyone else. Take steps to help the camper each night before bed. Remind them to limit fluid

intake after dinner. If necessary, wake the camper up after an hour of sleep to use the restroom. If a problem does occur, have some method for them to ask you for help without alerting the entire cabin to the situation. There are normally laundry facilities at camp, and someone will be there to help with laundry when needed. Whatever happens, keep the situation confidential and quiet, as much as you can.

The “Drama Queen”

There are few more difficult situations a camp counselor can encounter than what is, in common camp parlance, known as the “Drama Queen.” For our purposes, the term “drama queen” is used to denote a camper who arrives at camp with emotional issues that he or she infuses into normal dorm life.

The following approaches and protocols offer some helpful ways to deal with this difficult situation. For the purpose of this manual the “drama queen” will be referred to as “the disturbed camper.” This can apply to male campers as well, but we’ll use the term “her” or “she” for simplicity here.

The goal of the disturbed camper is to garner allies in her suffering. This very often requires the other campers in her dorm to adopt the same elements of chaos and anxieties that she exhibits, which validates that her emotional pain is real and deserves an airing.

The behaviors that identify such a camper are most often exhibited in the following ways: She may use inappropriate language of all stripes. She may concoct a self-history designed to make her the focus of attention and the deserved object of sympathy from others. She may simply exhibit defiant oppositional behavior. While making it more difficult to obtain the sympathy of others, this behavior allows her to express her emotional pain and ascribe the blame of her pain to an external source, which is often her counselor or a camper in her dorm.

Another well-known manifestation of this problem is sexual precociousness—which sometimes means telling other campers about it—and engagement in other risk-taking behaviors. In any event, the result is detrimental to the mission of the camp.

The following steps are recommended in addressing this situation:

1. The dorm counselor should quickly bring this matter, even if merely suspected, to the attention of the senior counselor. In most cases the senior counselor will want to bring this situation to the attention of the camp director.
2. The senior counselor should approach the situation by always thinking first of the camper’s needs, not her faults. In other words, the situation is approached with compassion for the disturbed camper, as well as the overall effect on the demeanor of the dorm and the entire camp. Try to emphasize the positive—how much we need each camper to be a positive and an encouraging influence on the dorm.

3. Offer to be available to the camper, with specified boundaries to keep the camper from monopolizing the senior counselor's time. Be an active listener. Be very slow to offer advice. Remember, if the disturbed camper chooses to open up to you, her first story may or may not be true, and its purpose is to solicit your sympathy. Explain how her conduct is inappropriate and cannot be allowed to continue, for her own good and the good of the camp. The senior counselor should NOT attempt to do serious counseling, but should address the immediate situation.
4. Do NOT become the camper's best friend or confidant. Always remain a representative of the camp authority, while remaining within the bounds of compassion.
5. Keep the camp director briefed on the situation and work very closely with the disturbed camper's dorm counselor in offering your full support.
6. Any steps beyond these would most often come under the heading of the normal camp discipline policy, up to and including dismissing the disturbed camper from camp as a possible, but last, resort.
7. Keep in mind that our purpose at camp is to offer a wholesome and godly atmosphere for the camper's edification and enjoyment. In one week of camp we cannot solve all her problems. However, we can and do offer the camper a place of physical and emotional security.
8. It is very important that the disturbed camper is not allowed to negatively affect her dorm. Protect the dorm from her influence. The dorm counselor and senior counselor must actively work together to ensure the dorm stays positive and benefits from their time at camp. Don't allow this one camper to control the dorm. Control is often one of the ways this kind of individual attempts to affect others. They may also attempt to "project" their personal problems on to others, blaming others instead of themselves.

The situation of the drama queen at camp can be challenging, often tugging at our heart strings and, at the same time, frustrating the counselor. However, who said the job was going to be easy? This challenge can be a success with prayer, patience, and firm guidance.

HANDLING CAMPER FEELINGS

During camp some campers may express feelings to you, and it is important to know how to deal with them. Statements such as, "*I'm homesick,*" "*I don't want to go in the water,*" "*I don't like Sam, I don't want to be around him*" or "*I really messed up, didn't I?*" are all examples of feeling expression. Girl campers are more likely to express feelings about other people—such as a crush on a boy or hurt feelings about a supposed relationship.

Our natural reaction may be to deny those feelings. We make statements such as: "*You are too old to be homesick*" or "*You are just a chicken, now get in the water.*" One of the classics is, "*You are too young to have a boyfriend, so quit talking about it.*" When we deny feelings in another person we create a barrier in our relationship.

When youngsters are concerned, worried or afraid, the last thing they want to hear is advice, philosophy, psychology or the other person's point of view. This only makes them feel worse and stew on it longer and more deeply. The most infuriating of all is to hear, "*You have no reason to feel what you are feeling.*" They want to discuss what they are feeling and come to a solution on their own.

Learn to understand the importance of acknowledging feelings. We must learn to use words or statements that demonstrate WE UNDERSTAND what they are feeling. This is the first step towards helping them arrive at a solution. There is a way to help them.

The How-To Formula for Handling Feelings

1. Listen with full attention.
2. Pause—acknowledge their feelings.
3. Give the feelings a name.
4. Give them what they want in fantasy.
5. Agree on a planned solution if possible.

Counselors and assistant counselors should practice this with each other in preparation for camp so you will know how to deal with this when it comes up.

DISCIPLINE

A cardinal goal we are trying to accomplish is that of self-discipline. We want our campers to do what is right because they believe it is right, not because we force them to. The vast majority of our campers have great attitudes and want to be at their best while at camp.

The following will be valuable in minimizing disciplinary problems:

- 1) Explain that camp has rules for the benefit of everyone. 1 Corinthians 14:40: "*Let all things be done decently and in order*" is a guiding principle of our camp.
- 2) When deciding on appropriate rules for the dorm, give the campers an opportunity to assist in their development.

When they know why we have certain rules and have an active part in the formulating process, they will feel a commitment to that which they have helped to form. Combine this with positive reinforcement, commendation, encouragement and your presence and influence, and discipline problems will be minimized.

1. Have few rules and enforce them. *The fewer the rules, the better.*
2. Rules should deal with essentials—safety, health, personal respect and appropriate needs for decent and orderly procedures. Emphasize the positive aspect, and work together in setting up reasonable regulations that can be accepted by all.
3. *Rules should be fairly and consistently enforced.*
4. Rules that have been cooperatively developed will be easier to enforce than those arbitrarily laid down. The hostility toward the rules should be dramatically reduced, and

the campers will be more inclined to follow their commitment. We have every right to expect that appropriate standards of behavior, cooperatively made and cooperatively enforced, will assist in producing self-discipline and self-direction.

- 5. Corporal punishment is specifically forbidden at all United Youth Camps. This means to never use any form of corporal (affecting the body) punishment. This violates one of the major rules of the UYC program and is a type of abuse. Examples of corporal punishment include forcing a camper to miss a meal, telling a camper to do pushups or to run laps and other similar actions. For more information on this topic, please refer to the UYC Staff Manual on “Camper Behavior Management.”**

THE SABBATH

The Sabbath is a very special day at camp. It is a slower paced day with the focus on learning about God, developing friendships and remembering that the Sabbath day is holy time. Friday is preparation day for the Sabbath—which means mental as well as physical preparation. Give some thought as to how to help the dorm prepare for the Sabbath. Discuss the Christian living lessons of the week and how campers can live them when they return home. Remember that Sabbath services are the main activity of the day.

THE END OF CAMP

As camp draws to a close, campers may try to find one last chance to play practical jokes, etc. They also may realize that that “special someone” they have come to know during camp is going to leave them soon and may attempt a last chance rendezvous before camp ends. If there is a final dance at camp, be aware of which campers might be emotional about a boyfriend/girlfriend. Encourage campers to dance with a variety of other campers. Be on guard during the last day of camp and the last evening of camp. Campers can become more emotional at the end of camp and may let down their own guard. You cannot afford to do so. Keep a watchful eye for problems before they develop. By this time, you know your campers well, and know which ones are more likely to get into a bad situation. You must also be on guard yourself for the same feelings. Keep the campers and yourself under control.

Help your campers learn to say goodbye to one another. Help them find all their belongings, including the ones at the pool, softball diamond, etc. Be sure they all have a ride home and know where to meet the person who will take them home. Help them get the dorm into shape by making sure that all the papers, trash, etc., is cleaned up. Check the rest rooms for personal belongings. Help them carry their belongings to where they will be picked up. Be there to say goodbye to them, and let them know that you enjoyed having them in your dorm. Tell them you hope to see them again next year!

COUNSELOR POINTERS

Following are seven tips to help you be a more effective counselor:

1. The camp is for the camper. The camper's social life comes first and yours second.
2. Feed the campers first and yourself last.
3. Encourage campers to always work as a team and do their best.
4. When there is a fun activity, see that your campers enjoy it.
5. When there is any game, let the campers go first.
6. During a contest, let the campers compete. Step aside.
7. Stay with your campers always, especially after meals.

PREVENTING BURN-OUT

Counselor burnout is a problem that can be avoided. We will have adults on hand who will take over for you any time you feel you are overworked, overtired or just plain need a break. Additionally, a special lounge has been provided for you to use whenever you feel you need a break. USE IT. Use the time to talk to other counselors for advice and encouragement. We are all in this together.

Remember that the senior counselor is there for you. Please do not feel you have to go it alone! Talk to your senior counselor daily, seek their advice and lean on them for encouragement. Never feel that it is a sign of weakness if you seek their advice. Just the opposite, we expect you to go to them since you and they are a team.

Here are a few other suggestions to avoid burnout:

1. Rest when you can. Utilize your assistant or other staff personnel when you are needing a break.
2. Sleep at night. Don't try to use the time to socialize.
3. Counsel with others when needed. You can't do it all. Many others are there to assist you. Use them!
4. Eat well. Drink plenty of fluids. If you normally take vitamins or other medication, don't forget it.

CONCLUSION

Above all, remember this: you were chosen to be a counselor because it is something you can do and do well. You have something to give to help others. We hope you will have fun while being a counselor. If all the rules and points to remember get you down, remember that they are meant to make your job easier, not more difficult. Have a good time as a camp counselor and thank you very much for your dedicated service to the youth.

This manual was compiled by: Steve Nutzman, overall camp coordinator. Rex Sexton, editor. Contributions by Ed Dowd, Jack Scruggs, David Goethals, Randy Stiver.

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